

2009-2010 Cheerleading Tryouts

All tryout activities will be held in Georgia State Sports Arena. The actual tryout date will not be open to the public.

Saturday, May 16, 2009 10am-4pm

(Check-in and warm up)

- Learn cheer, dance and fight song.
- You will have an opportunity to find a stunt partner or group for stunt tryouts.
- Interviews will begin at 1pm-2pm
- First cuts will be made by the end of the day.

Sunday, May 17, 2009 10am-12pm

(Check-in and warm up)

- Roll call will begin at 10am.
- All participants trying out will need to wear a WhiteTank top/with sports bra and Grey shorts.
- Final team will be announced

Squad Composition

- Varsity is 20 members composed of males and females or 20 females.
- Competition team is composed of 20 of the top scores from the tryout process. Alternates will be chosen closer to competition season.

Scholarship Information

Co-Ed: The individuals selected as Georgia State cheerleaders will receive a scholarship of \$1,000 divided into two academic terms. This squad will cheer for men's basketball, women's basketball, volleyball games, all related pep rallies and activities, competitions, and any other events or games approved by the coach.

Travel Squad: The individuals who are in the top scoring bracket from tryouts will be chosen to be on the travel squad. The travel team could compose of both male and female cheerleaders. They will travel to away basketball tournaments.

Check List (all items needed to complete application process):

- Application with color photograph
- Medical Release Form
- Application fee \$40

Make checks payable to Georgia State University Cheerleaders

- Photocopy of front and back of insurance card

Mail to the following address:
Georgia State University
Attn: Jeremy Jump/ Cheerleading
125 Decatur St. Ste 201
Atlanta, Georgia 30303

If you have any questions please email Jeremy Jump at trojanelitegym@aol.com

2009 Georgia State Cheerleading Requirements

Stunts

Co-Ed (GUYS)

- Toss Extension/Pop Off
- Toss Hands Liberty/Pop Off
- Optional Stunt/Cradle

Co-Ed (GIRLS)

- Toss Extension/Pop Off
- Toss Hands Liberty/Pop Off
- Heel Stretch/Full cradle
- Optional Stunt/Full or Double Down cradle

All-Girl

- Liberty/ Cradle
- Heel Stretch/Double Down cradle
- Flexibility Skill/Full cradle
- Optional Stunt/Full or double down cradle

Tumbling (no spots will be offered during tryouts)

- Standing tuck
- Standing back handspring tuck
- Running series (round –off handspring tuck or better---minimum of three tricks)

Cheer (taught during clinic)

Dance (taught during clinic)

Panther Spirit College Tryout Clinic

Saturday, April 25th 2009 (registration due by April 18th)

OR

Saturday, May 2nd 2009 (registration due by April 25th)

10am- 2pm

Check-In Time: 9:30am

Where: Georgia State Sports Arena

What: Tryout Material, stunting, and tumbling

Cost: \$50 (T-shirt and lunch included)

Checks payable to: Georgia State Cheerleading

Where: Tank Top w/ sports bra, Shorts w/spandex or bloomers and
Cheerleading shoes

For more information call: Jeremy Jump

Georgia State Cheerleading Head Coach

Ph. (770) 355- 4241

trojanelitegym@aol.com

Panther Spirit College Tryout Clinic

Saturday, April 25th 2009 (registration due by April 18th)

OR

Saturday, May 2nd 2009 (registration due by April 25th)

10am- 2pm

Georgia State Cheerleading has organized a clinic to help all individuals interested in trying out for the Georgia State Cheerleading program. This clinic has been developed to help individuals adapt to Georgia State's style and philosophy of cheerleading. At this clinic, you will get help in coed and all girl stunting techniques, tumbling, baskets, cheers and some of the material that will be taught at tryouts.

The benefits from this clinic will be immediate and will give you a head start over the rest of your competition. The techniques and skills taught, will be vital for you to begin your career at Georgia State and make our program one of the nations top cheer programs. At this clinic, you will be taught by former and current members of the Georgia State Cheerleading squad in a friendly, non competitive, and fun environment.

Date of Clinic April 25th _____ or May 2nd _____

Name _____

School _____

DOB ___/___/___ **Shirt Size** _____ **Age** _____

Address _____

City _____ **ST** _____ **Zip** _____

Phone () _____ **Cell** () _____

Email Address _____

Mail form & Payment to: Georgia State Cheerleading 125 Decatur St. Ste 201, Atlanta, GA 30303